



# ECHOES TENTH EDITION

**DECEMBER-JANUARY, 2024-25**



[www.facebook.com/BMLMunjalGreenMeadowsSchool/](https://www.facebook.com/BMLMunjalGreenMeadowsSchool/)

[www.instagram.com/bmlmunjalgreenmedows/](https://www.instagram.com/bmlmunjalgreenmedows/)

**BML MUNJAL GREEN MEADOWS SCHOOL**

ANNEKI HETTAMPUR, BLOCK BAHADRABAD, HARIDWAR, UTTARAKHAND - 249402.

Contact No. 9358194141

Website: [www.bmlgreenmedows.com](http://www.bmlgreenmedows.com)

Email: [contactus@bmlgreenmedows.com](mailto:contactus@bmlgreenmedows.com)

## PRINCIPAL'S MESSAGE



Dear Students, Parents, and Staff,

This edition of our newsletter highlights the vibrant events and achievements that have shaped our school community over the past two months. From Annual Functions and Exhibitions to Career Counselling sessions, these initiatives have inspired and equipped our students for personal and professional growth.

We also hosted Pariksha Pe Charcha activities to reduce exam stress, providing students with valuable strategies to face challenges with confidence. Workshops on 21st Century Learning Design enhanced our staff's teaching approaches, while awareness sessions on Cyber Crime, Drug Abuse Prevention, Road Safety, and Fire Safety instilled critical knowledge for ensuring safety and well-being.

I extend my heartfelt gratitude to our teachers, students, and parents for their unwavering support. Together, let us continue building a community that fosters excellence, resilience, and holistic development.

Warm Regards,  
Ms. Jaspreet Obhrai  
Principal

## MANAGER'S MESSAGE



Dear Students, Parents and Staff,

I hope this message finds you in good spirits.

As we gear up for the tenth edition of our school newsletter, I am filled with pride reflecting on the significant milestones we've achieved together.

The Annual Functions, Art, Science, and Technology Exhibitions, and Career Counselling sessions have truly been highlights, providing our students with opportunities to display their talents, explore their passions, and take steps toward defining their futures. These events have been moments of immense learning, growth, and celebration for everyone involved.

It's through our collective efforts that we continue to inspire excellence and foster an environment where our students can thrive. I extend my heartfelt appreciation to our students for their exceptional contributions and to the parents and staff for their unwavering support in creating a nurturing space for success.

Let's continue to work together, nurturing curiosity, creativity, and confidence as we guide our students on their journey to a bright future.

Best Wishes,  
Col. B S Kadian, Veteran  
Manager

## EDITORIAL BOARD'S MESSAGE

As we bring you this special edition of our newsletter, we are filled with gratitude and excitement. It is through the collective efforts of our teachers, students, and parents that we are able to curate and present this vibrant tapestry of stories and events. We deeply appreciate the invaluable contributions from both teachers and students, whose creativity and dedication continue to enrich this publication. Your involvement truly makes this newsletter a reflection of our shared journey.

A heartfelt thank you goes to our parents as well, whose unwavering support and appreciation for our efforts fuel our passion to do more. Your continued encouragement inspires us to reach greater heights. This newsletter is a product of the wonderful community we are all a part of, and we look forward to even greater participation and contributions in the future.

Thank you, once again, for loving and supporting our newsletter! Together, we will continue to create something meaningful and impactful for all.

Warm Regards,  
The Editorial Team



**Ms. Vibhuti Rathee**



**Ms. Ambika Gupta**



**Ms. Rachna Sharma**



**Ms. Neha Gupta**



**Ms. Chandresh**



**Ms. Neha Singh**



**Ms. Swati Chaudhary**



## CELEBRATION BLISS: HONORING MOMENTS

### REPUBLIC DAY CELEBRATION

We hosted and celebrated **76th Republic day of India** on **special theme Golden India- Heritage and Development**. **January 26, 2025** marks the **76th Republic Day of India**, a momentous occasion to commemorate the country's transition to a republic on this day in 1950. As we celebrate this significant milestone, we honor the vision, struggles, and sacrifices of our founding fathers and the countless individuals who have contributed to India's growth and development.

On this occasion, children performed cultural programmes such as Rajasthani folk dance, poems, speech and group song. At the end, Respected Manager Col. B.S. Kadiyan and Hon'ble Principal Ms. Jaspreet Obhrai addressed the children with key words from the constitution and its meaning.





## CELEBRATION BLISS: HONORING MOMENTS

### REPUBLIC DAY

#### Little Hands, Big Dreams: Celebrating Republic Day with Joy and Pride!

Republic Day is a special day when we celebrate the birthday of our Country's Constitution. On 24th January, the Pre-Primary students participated in the celebration with great joy and enthusiasm. The event began with full enthusiasm like dancing and craft with tricolour. The children came dressed up in white kurta pajama with tricolour wrist bands, spreading the spirit of patriotism, allowing the little ones to understand the importance of the day. Overall, it was a delightful and meaningful way to introduce our young learners to the values of Unity and Pride for their Country.





## CELEBRATION BLISS: HONORING MOMENTS

### ANNUAL FUNCTION: GREEN FOOTPRINTS, GOLDEN FUTURE (IV & V)

The Annual Function of Class IV & V was held on 7th December, 2024. The theme of the function was aligned with the objectives of **Sustainable Development Goals**. The aim of achieving a golden future by putting forward the green footprints of the younger generation can definitely be accomplished if the seeds of sustainability are sown in the tender hearts of students.

The function started with the lamp lighting ceremony followed by the welcome song. After that, our Hon'ble Principal Ms. Jaspreet Obhrai presented school's achievements and congratulated the participants. The 5 aims of SDGs i.e. Good Health and Well Being, Life on Land, Clean Water and Sanitation, Quality Education and Gender Equality were portrayed spectacularly by the students. The acts and songs were beautifully woven together to bring out the theme of the event. The deep message was instilled in the younger hearts through this mesmerizing event.





## CELEBRATION BLISS: HONORING MOMENTS

### ANNUAL FUNCTION: BACHPAN (I, II & III)

#### “Bachpan: Where Dreams Begin and Futures Shine!”

Classes I, II and III celebrated their Annual Function with great enthusiasm and joy on the theme, “**Bachpan**”. The event beautifully encapsulated the essence of childhood—where dreams take flight, creativity flourishes, and young talents shine brightly. The program commenced with the auspicious lighting of the ceremonial lamp by our esteemed Principal, Ms. Jaspreet Obhrai, accompanied by Manager Colonel B.S. Kadian, Mr. Ravi Kumar (Senior Accounts Manager), and Mr. Pawan (Assistant Manager). The highlight of the program was the mesmerizing performances by the young stars. In the closing note, our respected Manager Colonel B.S. Kadian reflected on the profound significance of the theme “Bachpan” and the emotions it evoked throughout the event. The celebration of “Bachpan” was more than just an event—it was a heartwarming journey that reminded everyone of the magic of childhood and the beauty of transformation.





## CELEBRATION BLISS: HONORING MOMENTS

### ANNUAL FUNCTION: RETRO TO METRO (PRE PRIMARY)

**Annual function: Little stars spread their charm through the theme "Retro to Metro".**

Our pre-primary wing celebrated its annual function on the theme "Retro to Metro". This event proved to be a unique platform to highlight the creativity, enthusiasm and art of little children. The program was inaugurated by our honorable Principal Ms. Jaspreet Obhrai and respected Manager Colonel B.S. Kadian with the lighting of the lamp. In the program, the children presented glimpses of the past and the modern era through their colorful presentations. The little artists beautifully brought the simplicity and music of the retro era on stage, while the modern lifestyle was depicted in a creative way under the theme "Metro". The special attraction was the dance drama "Samay Ka Safar", which brought alive the journey from the past to the present. Principal Ms. Jaspreet Obhrai, while sharing the achievements of the school, said that such events not only promote artistic skills in children, but also develop self-confidence and a sense of teamwork in them.





## CELEBRATION BLISS: HONORING MOMENTS

### ANNUAL FUNCTION: RANG TARANG (VI, VII & VIII)

The Secondary Wing, comprising students from Classes VI to VIII, took center stage, showcasing their creativity, discipline, and artistic prowess through a mesmerizing performance themed "Peace in Diversity". The event commenced with a warm welcome address by the Principal, who emphasized the significance of fostering peace and prosperity in today's world. The students, adorned in colorful costumes, took the audience on a journey through various cultural performances, dances, and skits. A kaleidoscope of Indian classical and folk dances, including Bharatnatyam, Kathak, and Bhangra, musical acts and a thought provoking skit captivated the audience. The entire event was a testament to the students' dedication and the school's commitment to holistic education.





## CELEBRATION BLISS: HONORING MOMENTS

### LOHRI CELEBRATION

**Lohri** was celebrated with enthusiastic participation from teachers, administrative staff, and support staff. The festivities centered around a traditional bonfire, which was ceremonially lit to mark the auspicious occasion. The atmosphere was filled with joy as everyone joined in the celebrations, dancing to the lively beats of the dhol. The energetic music and dance created a festive ambiance, fostering a sense of community and togetherness among the school staff. The celebrations concluded with the distribution of traditional Lohri treats, including mungfali (peanuts), rewri (sesame brittle), and popcorn. These treats were shared amongst everyone, symbolizing the sharing of warmth and good wishes.





## AWARENESS PROGRAMME

### PARIKSHA PE CHARCHA

As part of **Pariksha Pe Charcha 2025**, the school hosted a series of engaging activities from **20th to 22nd January 2025**, aimed at fostering mental well-being, creativity, and stress management among students. The activities began with a **Yoga and Meditation session** to help students relax and build focus. Students watched motivational short videos highlighting resilience and overcoming challenges, inspiring a positive outlook. Creative expression was encouraged through **poster-making** on exam stress management and **original poems and songs**, while **traditional indigenous games** fostered teamwork and strategy. A thought-provoking **Nukkad Natak** highlighted mental health awareness, followed by an expert-led counseling session on stress management and coping strategies. The activities concluded with an **inspirational movie screening**, leaving students motivated and better equipped to face academic challenges.



## AWARENESS PROGRAMME

### CAPACITY BUILDING PROGRAMME

#### Enhancing Teaching Practices with 21st Century Learning Design

Our faculty recently engaged in an insightful session on 21st Century Learning Design (21CLD), conducted by our PGT English, Ms. Neha Gupta, a Microsoft Certified Educator. This long-awaited workshop introduced teachers to the globally recognized **21st Century Learning Design (21CLD)**, focusing on developing skills such as collaboration, skilled communication, knowledge construction, ICT, Self Regulation and real-world problem-solving.

The session highlighted practical strategies to integrate 21CLD rubrics into classroom practices, ensuring that students are equipped with critical 21st-century skills. Teachers actively participated in the tasks designed to analyse and redesign classroom activities, tailoring them to achieve deeper student engagement and impactful learning outcomes.

Together, we are paving the way for a more dynamic, skill-oriented learning environment.





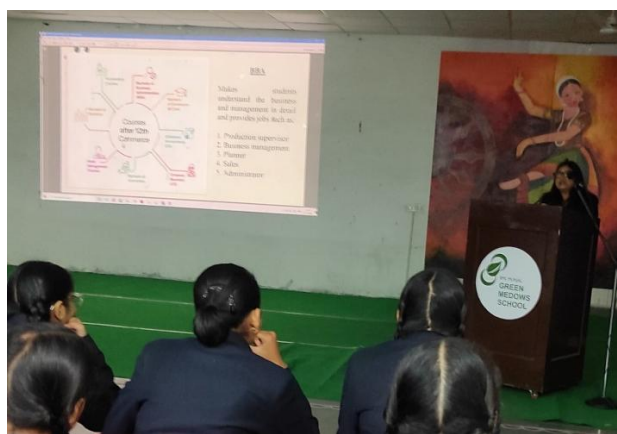
## AWARENESS PROGRAMME

### CAREER COUNSELLING SESSION

A **career counseling session** was held for students of **Classes IX, X, and XI**, initiated by the school counselor. The session aimed to provide students with a comprehensive understanding of career opportunities across Humanities, Commerce, and Science streams. Following the counselor's introduction, the school's PGTs conducted detailed presentations on their respective subjects, **highlighting career options, the courses required, and the universities or colleges offering these programs**. They also explained the entrance or competitive examinations needed to enroll in these courses.

In addition to the core subjects, skill-based subjects like Beauty and Wellness, Physical Education, Food, Nutrition and Dietetics, and Geo-Spatial Technology were discussed extensively. **Students gained valuable insights into the career possibilities in these fields, along with the skills and qualifications needed to excel.**

The Principal enriched the session by sharing her experiences and guiding students on making informed decisions. She emphasized the importance of aligning interests and capabilities while streamlining their stream choices. Appreciating the initiative, she commended the session for equipping students with the tools and knowledge to plan their academic and professional journeys effectively.





## AWARENESS PROGRAMME

### ITC'S QUALITY WEEK

On 19th December, as part of ITC's Quality Week celebrations, we welcomed ITC quality executives for an enriching session on the importance of quality in consumables, food, and personal care products.

Mr. Dinesh R., Quality Manager, addressed the students on FSSAI regulations, nutritional values, labeling, expiry dates, and the importance of maintaining high standards in edible products. An engaging quiz for Classes IX and XI, conducted by ITC Quality Executives Ms. Parvathi and Mr. Atul, tested the students' understanding and encouraged them to be conscious consumers. Later, the Principal, Ms. Jaspreet Obhrai, spoke about the importance of school-industry collaboration and its benefits for students' practical learning. Our Manager, Col. B.S. Kadian, addressed the students about the importance of being a conscious consumer and the need to make informed choices as consumers.

The event concluded with the presentation of mementos to the ITC executives by the Principal, Ms. Jaspreet Obhrai and Manager, Col. B.S. Kadian, as a token of gratitude.





## AWARENESS PROGRAMME

### COMPREHENSIVE ORIENTATION PROGRAMME

We organized a comprehensive orientation program for our students, aimed at fostering awareness and safety. Sub-Inspector Brahm Dutt Bijarwan and Constable Hari Singh Rawat from the **Cyber Crime and Drug Abuse Cell**, Haridwar, graced the occasion with their expertise. The session delved into the growing concerns of cybercrime, including online scams, hacking, and identity theft. It also highlighted the dangers of drug abuse and its detrimental effects on physical and mental health.

Sub-Inspector Pradeep Kumar Singh and Sub-Inspector Virendra Pandey, experienced traffic police officers, conducted an **informative session on Road Safety**. The session emphasized the importance of traffic rules, pedestrian safety, and the consequences of reckless driving. It also highlighted the use of helmets, seat belts, and other safety measures.

A comprehensive **fire safety drill orientation** was conducted by Mr. Khajan Tomar and his Team to educate and prepare all stakeholders, including students, faculty, and staff, on fire safety procedures and emergency response protocols.



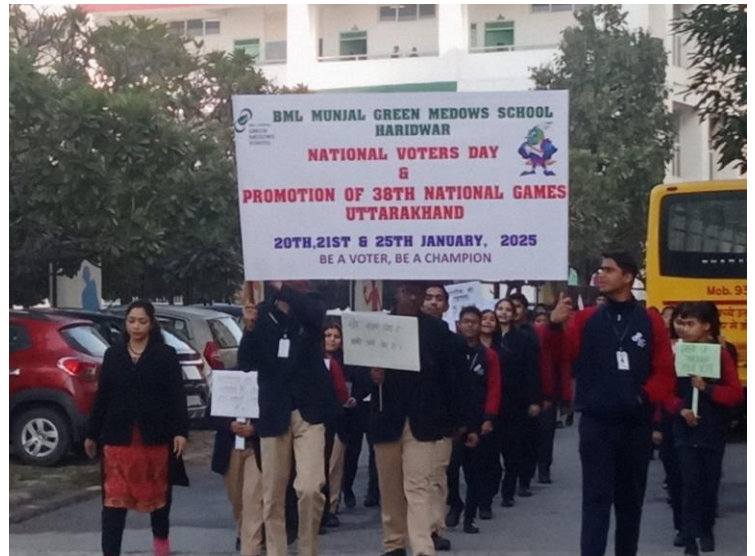
## AWARENESS PROGRAMME

### COMPREHENSIVE ORIENTATION PROGRAMME

To commemorate the 38th National Voter's Day and promote electoral awareness, our school organized a Voter Awareness Rally on 22nd January 2025. The event aimed to highlight the importance of voting and empower citizens to participate actively in the democratic process. The rally witnessed enthusiastic participation from students who carried vibrant placards and banners displaying thought-provoking slogans such as:

1. "My Vote, My Voice"
2. "Be a Voter, Be a Champion"
3. "सारा काम छोड़ दो, सबसे पहले वोट दो"
4. "मेरा वोट, मेरा अ धकार "
5. "जाति पाति को ना दें भाव, सही नेता का करे चुनाव"

The rally progressed through the local community, capturing the attention of residents and inspiring them with the spirited chanting of these slogans. Students effectively communicated the essence of responsible voting as a cornerstone of a strong democracy.





## AWARENESS PROGRAMME

### TRAFFIC RULES AND ROAD SAFETY

As part of the 35th Road Safety Month 2025, an orientation on traffic rules and road safety awareness was conducted today for our senior students. The session was led by Sub Inspector Mr. Pradeep Kumar Singh, Mr. Pankaj Joshi, Mr. Vinod Chauhan, and Head Constable Mr. Vikas Upreti, who provided not only theoretical knowledge but also real-life examples to make learning more relatable.

Students were educated on essential traffic rules, common violations, and safety measures, emphasizing the importance of discipline and vigilance on the roads. A Question-Answer Session on traffic rules was also conducted, enhancing engagement and reinforcing key takeaways. The session concluded with a vote of thanks, appreciating the guests for their insightful contributions. The Principal acknowledged their efforts in spreading awareness and encouraged students to apply these learnings in their daily lives.



## EXPLORING CREATIVITY, CELEBRATING INNOVATION

### AVISHKAR: THE SCIENCE EXHIBITION- PRIMARY WING

**Science is observation, curiosity, execution, experience and reason.**

In order to foster a scientific approach in students and to enhance their creative and motor skills a **Science Exhibition for class III to V students** was organised on 21st December 2024 in the school premises.

The valuable guidance of the school Principal Ms. Jaspreet Obhrai, consistent support of parents and teachers and creativity of our talented students contributed in making the event successful.

Eye-catching projects were prepared by the students on various scientific and environmental phenomena such as earthquakes, landforms, volcanoes, the movement of planets, the water cycle, soil profiles, and Chandrayaan, etc., which were highly appreciated by parents, teachers, and guests. It was an experiential learning which would definitely become a motivation to inquire, innovate and put an impact on the society.





## EXPLORING CREATIVITY, CELEBRATING INNOVATION

### AVISHKAR: THE SCIENCE EXHIBITION- SECONDARY WING

The Science Exhibition 'Avishkar' showcased the innovative spirit and scientific curiosity of our secondary wing students. The students presented a variety of creative projects and live models, reflecting their understanding of scientific concepts and their ability to apply them in real-life situations.

The exhibition featured diverse themes such as environmental conservation, renewable energy and robotics innovations. Live demonstrations enriched the exhibition. Students explained their projects with confidence and clarity, answering questions from visitors. Their passion for science and innovation was evident throughout the event.

All the guests appreciated the efforts of students, teachers and staff in organizing the event.





# EXPLORING CREATIVITY, CELEBRATING INNOVATION

## AVISHKAR: SOCIAL SCIENCE EXHIBITION

Our school hosted the much-anticipated Social Science Exhibition, **Avishkar**, where students from Grades VI to IX and XI showcased their creativity and intellect through a variety of engaging exhibits. The event featured models and presentations on India's role as a **Vishwa Guru**, the cultural pairing of Uttarakhand with Karnataka under **Ek Bharat Shreshtha Bharat**, the significance of Sustainable Development Goals, and key moments of world history. Students explored the solar system, designed interactive games like map puzzles and quizzes, and also presented a working model of a dam. Other highlights included a comparative display of the old and new Parliament, the **Sengol** as a symbol of power transfer during India's independence, India's leadership in the G-20, and the nation's remarkable journey of development from ancient times to the present.





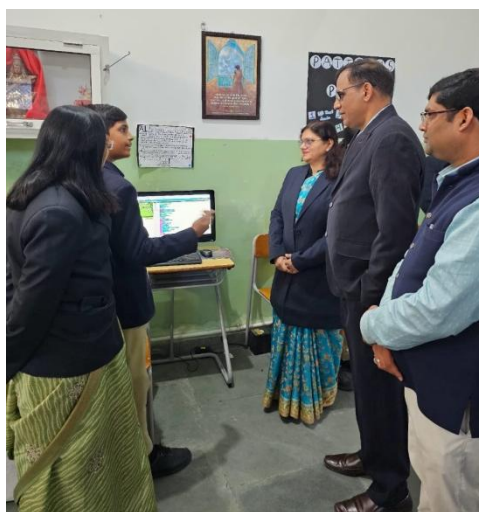
# EXPLORING CREATIVITY, CELEBRATING INNOVATION

## THE SKILL EXPO ECO TECH SUPERSTAR

**The Skill Expo Eco Tech Superstar** showcased the exceptional IT and AI skills of our students, featuring innovative projects that demonstrated their knowledge of emerging technologies.

Students presented projects on various themes, including Local to Global, Future Tech, Health and Wellness, Sustainability, AVCG Sector, and Hospitality and Tourism. Notable projects included like A Tic-Tac-Toe game developed with Python, A chatbot powered by Wikipedia, built using VS Code etc.

The students' impressive projects demonstrated their expertise in various programming languages, including Python, JavaScript, and HTML/CSS.





## HEALTH AND WELLNESS PROGRAMME

### FIT INDIA MOVEMENT

The Fit India Movement was celebrated with great enthusiasm in our school, reaffirming our commitment to promoting health and wellness. The event was inaugurated by the Principal Ms. Jaspreet Obhrai and Manager Col. B S Kadian, who graced the occasion with their presence, encouraging participants and appreciating the spirit of the event. Parents participated enthusiastically, making the day even more memorable. Women engaged in activities like the lemon race, shuttle run, and balloon race, each showcasing their energy and determination. The men added to the excitement with a spirited game of volleyball, displaying remarkable teamwork and enthusiasm. The event not only emphasized the importance of an active lifestyle but also strengthened the bond between the school and its parent community.



## GIGGLES & GROWTH: TINY TOTS TALES

### RED WEEK: SORTING ACTIVITY

**"In a world full of colours, let's shine bright in red!"**

During Red Week, Our little munchkins of class **Nursery** participated in Sorting Activity on 16th Dec, 2024. This hands-on activity not only reinforced the recognition of colours but also enhanced fine motor skills and sorting abilities in a playful and engaging way. They eagerly sorted red colour objects from different coloured objects.

The smiles and enthusiasm they shared while collaborating with friends made this experience truly unforgettable.





# GIGGLES & GROWTH: TINY TOTS TALES

## POEM RECITATION

Winter is often coined 'the most wonderful time of the year'. Winter provides us with Christmas, crisp weather and sometimes even snow. Bringing this winter theme, our enthusiastic Pre-primary kids recited different poems on the **theme- Winter season**. Through their rhymes/ poems, they showcased the beautiful changes in the nature during winter, effects of winter weather, types of clothes we wear and the food we enjoy in this chilly season. We witnessed confident public speaking, creative thinking, vocabulary development and a deeper appreciation for the natural beauty of winter.





# GIGGLES & GROWTH: TINY TOTS TALES

## RED WEEK: FOOD ART

Our tiny Picasso has been cooking up a storm of creativity. Using fresh fruits and veggies, our pre-primary kids have crafted a culinary masterpiece that's almost too good to eat. From a pomegranate tree that's the fruit of their imagination, to a bread-slice bunny that's hopping with joy, and a carrot caterpillar that's crawling its way into our hearts, every bite-sized artwork is a testament to their creativity and skill.





## GIGGLES & GROWTH: TINY TOTS TALES

### RED WEEK: FINE MOTOR FUN

Our little ones of class **Nursery and LKG** participated in a creative and enjoyable colouring activity aimed for enhancing their fine motor skills and colour recognition. This activity not only enabled them to explore colours but also contributed in the development of their hand-eye coordination and precision.





## GIGGLES & GROWTH: TINY TOTS TALES

### RED WEEK: ORIGAMI FUN

18<sup>th</sup> December was a delightful day of creativity and fun as our little artists brought paper to life during the Origami Activity.

LKG explorers folded magic into paper to create adorable Dog Faces, spreading joy and cuteness everywhere.

UKG creators showcased their skills with vibrant Red Tulip Flowers and cheerful Santa Faces, adding a festive charm to Red Week. Their enthusiasm and talent shone brightly, making this celebration even more special.





## GIGGLES & GROWTH: TINY TOTS TALES

### RED WEEK: DANCE PARADE

On 20.12.2024, our kindergarten students celebrated Red Week with joyful dance and a vibrant parade. The students were dressed up in red attire, symbolising unity and passion. The day was marked by energetic dance and parade. It was a delightful display of creativity and fun!





## GIGGLES & GROWTH: TINY TOTS TALES

### STORY TELLING

Story telling activity was organized for our pre-primary students from 29th - 31st January 2025.

Each young storyteller enthusiastically narrated their favourite stories, showcasing impressive confidence and expression. Through gestures, facial expressions and voice modulation, the children learn how to engage an audience and make storytelling interactive. The aim of this activity was to enhance their vocabulary, communication and listening skills, to improve their memory and understand the concept of sequencing events in a logical order.

The way our young learners expressed themselves was heartwarming, and we are incredibly proud of their achievements.





## A PEEK INTO THE PRIMARY WORLD

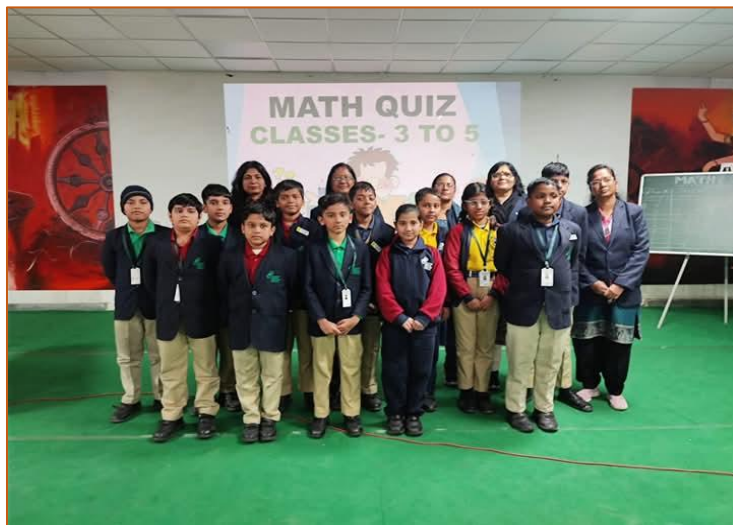
### MATHEMATICS QUIZ (III-V)

To enhance the problem-solving skills, increase engagement, build confidence and develop mathematical attitude, improve collaboration, overcome fear of numbers and learn practical uses of concepts, a mathematical quiz for the classes III to V was organized.

Students participated in the quiz with enthusiasm and dedication. The experience was both challenging and enjoyable, helping the participants to identify areas where they need to focus their efforts.

After a challenging competition filled with exciting moments, the results were announced. The winners were:

First Position: **Symphony House**, Second Position: **Challenger House**, Third Position: **Harmony House**





## A PEEK INTO THE PRIMARY WORLD

### MATHEMATICS QUIZ (I-II)

To enhance the knowledge, abilities and skills of the students, a Mathematics Quiz was held for the students of class I and II.

The quiz was not just a test of knowledge but also an opportunity for students to collaborate and learn from one another. Many participants expressed how they enjoyed discovering new facts and deepening their understanding towards Maths. After a nail-biting competition filled with thrilling moments, the results were announced.

**Winners: First Position: Maanvik (II B), Namish Khare (II B), Palvit (I B) and Parv A (I C)**





## A PEEK INTO THE PRIMARY WORLD

### SALAD MAKING

Salad is a vital component of a nutritious daily diet, promoting freshness and vitality. Students of Classes I and II got engaged in a delightful Salad-Making Activity. This initiative allowed them to discover the significance of fruits and vegetables in sustaining good health while demonstrating their inventive flair.

The young participants were given the liberty to select their preferred fruits and vegetables to craft their salads. The activity was met with immense excitement as students eagerly took part and relished every step of the experience.

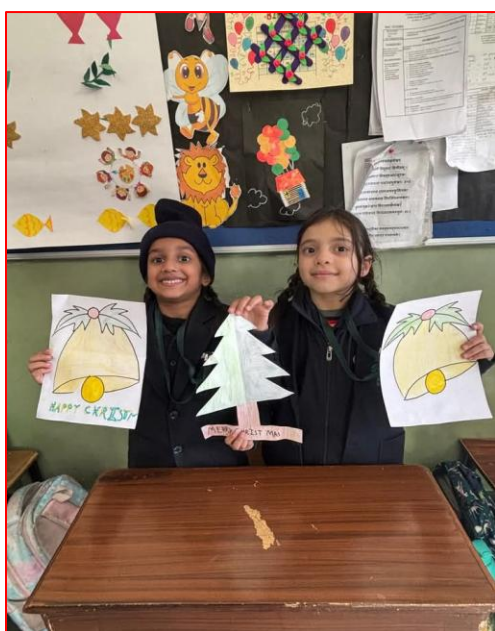




## A PEEK INTO THE PRIMARY WORLD

### CHRISTMAS DAY CELEBRATION

On Christmas the students of Classes I and II participated in a delightful celebration, filled with creativity and cheer. The event highlighted the festive joy of togetherness and imagination through engaging art and craft activities. The little ones channeled their excitement into creating beautiful Christmas-themed articles using clay, coloured paper, and other craft materials. With tiny hands at work and boundless enthusiasm, the students made stunning Christmas decorations, including miniature Christmas trees, Santa hats, Snowflakes, and Greeting cards. Each creation reflected their unique imagination and artistic flair.





## A PEEK INTO THE PRIMARY WORLD

### INTER HOUSE CARROM COMPETITION

The Carrom Competition encouraged precision, focus, and sportsmanship among students. The competition saw enthusiastic participation, with students demonstrating excellent hand-eye coordination and strategic play. The event provided a platform for learning and enjoyment, making it a memorable experience for all.

#### Carrom Competition Results

##### Class I

###### Boys

1. Devansh IB
2. Keshav IA
3. Rivansh IB

###### Girls

1. Triksha IC
2. Anshita Pal IA
3. Anisha IC

##### Class II

###### Boys

1. Shaurya II C
2. Abbas II A
3. Atharv Pal II B

###### Girls

1. Aarohi Bhatt IIC
2. Akshita IIB
3. Vaishnavi Pathak II B

##### Class III

###### Boys

1. Sayam Maheshwari IIIB (Symphony)
2. Vihaan Barthwal IIIC (Challenger)
3. Aditya Singh IIIC (Harmony)

###### Girls

1. Anvi Saini IIIA (Harmony)
2. Tanishka IIIC (Explorer)
3. Udit Bisht IIIB (Symphony)

##### Class IV

###### Boys

1. Archit Singh IVC (Harmony)
2. Om Sharma IVB (Explorer)
3. Divesh Kumar IVA (Challenger)

###### Girls

1. Tanushree Tyagi IVC (Explorer)
2. Niharika Gupta IVB (Symphony)
3. Aashirya IVB (Harmony)

##### Class V

###### Boys

1. Parth Barthwal VB (Explorer)
2. Parth Sharma VB (Symphony)
3. Arnav Saini VA (Harmony)

###### Girls

1. Aarushi Nautiyal VB (Challenger)
2. Vinni Ladia VC (Harmony)
3. Manvi Pundir VC (Explorer)





## A PEEK INTO THE PRIMARY WORLD

### INTER HOUSE LUDO COMPETITION

The Inter-House Ludo Competition for Classes III to V was a thrilling display of strategy and teamwork. Students participated with enthusiasm, showcasing patience, decision-making, and adaptability. The game fostered healthy competition while strengthening peer bonds. The event was a great success, providing students with an enjoyable learning experience.

#### Ludo Competition Results:

##### Class III

###### Boys

1. Shivaay Negi IIIA (Harmony)
2. Atharv Rohit IIIC (Symphony)
3. Pranav Raj Sharma IIIB (Explorer)

###### Girls

1. Jiyana Arora IIIA (Symphony)
2. Ravya Singh IIIA (Challenger)
3. Keerat kaur IIIC (Explorer)

##### Class IV

###### Boys

1. Akshat Singh IVA (Harmony)
2. Md. Samad IVB (Symphony)
3. Dakshansh IVB (Explorer)

###### Girls

1. Kavya IVA (Challenger)
2. Aradhya Awasthi IVB (Harmony)
3. Janvi Jha IVB (Explorer)

##### Class V

###### Boys

1. Shreyash Agrahari VC (Harmony)
2. Ayush Singh Bisht VA (Symphony)
3. Aagman Jhakhmola VC (Explorer)

###### Girls

1. Yashasvini VB (Symphony)
2. Shristi Bhakuni VB (Explorer)
3. Samridhi VA (Harmony)





## A PEEK INTO THE PRIMARY WORLD

### INTER HOUSE CHESS COMPETITION

The Inter-House Chess Competition for Classes III to V challenged students to think critically and strategize effectively. Participants displayed remarkable focus, problem-solving skills, and resilience throughout the matches. The event enhanced their logical reasoning and patience, making it a rewarding experience for all involved.

Chess Competition Result		
<b>Class III</b> <b>Boys</b> 1. Rupansh IIIA (Challenger) 2. Rishabh Raj IIIB (Explorer) 3. Aditya Singh IIIC (Harmony) <b>Girls</b> 1. Samridhi IIIA (Harmony) 2. Avdhi IIIA (Explorer) 3. Ravya IIIA (Challenger)	<b>Class IV</b> <b>Boys</b> 1. Divyansh Tiwari IVB (Harmony) 2. Aryan Rajput IVB (Symphony) 3. Vivaan Kataria IVA (Challenger) <b>Girls</b> 1. Aashiriya IVB (Harmony) 2. Ahana Lingwal IVB (Symphony) 3. Saloni Chauhan IVC (Challenger)	<b>Class V</b> <b>Boys</b> 1. Lakshay VA (Challenger) 2. Vihaan Aggarwal VC (Symphony) 3. Kavyansh VB (Harmony) <b>Girls</b> 1. Manvi Pundir VC (Explorer) 2. Tanishka VC (Harmony) 3. Anvesha VA (Challenger)



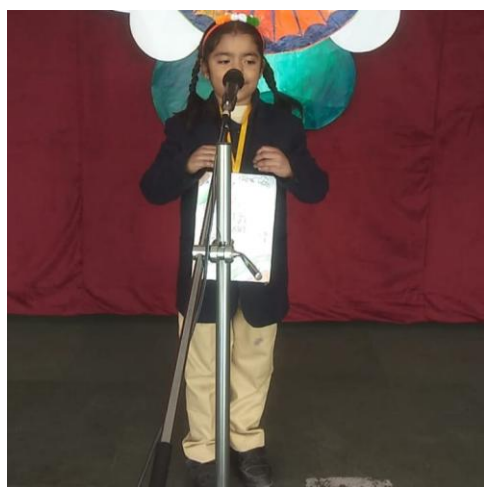
## A PEEK INTO THE PRIMARY WORLD

### KAVITA VACHAN

Our School organized 'Kavita Vachan' Activity for Classes I and II, centered on the theme of Patriotism. The students impressed everyone with their beautifully recited poems, expressive delivery, and creative use of props, which added depth to their performances.

The participants showcased remarkable talent and confidence. Their performances not only celebrated the spirit of patriotism but also reflected their understanding of values such as bravery, unity, and love for the motherland. The event served as a wonderful platform for young learners to connect with the essence of India's rich cultural and linguistic heritage.

This activity successfully fostered a love for the Hindi language, boosted students' self-assurance, and helped them overcome stage fear.





## A PEEK INTO THE PRIMARY WORLD

### INTERHOUSE GROUP DANCE

#### "Celebrating Culture Through Dance."

We hosted an **Inter-House Dance Competition** for class- III to V celebrating the theme 'Folk Dances of India,' focusing on the rich cultural heritage of Rajasthan, Punjab, Gujarat, and Haryana. The performances highlighted the vibrant energy and traditions of these regions while fostering creativity and teamwork among students, contributing to their holistic development.

Results:

I- Explorer House	II- Harmony House	III- Symphony House and Challenger House
-------------------	-------------------	--



## MIDDLE WING BUZZ

### साक्षात्कार गतिविधि

दिनांक 18 दिसंबर 2024 को हिंदी विभाग द्वारा माध्यमिक वर्ग (VI - VIII) के छात्रों के बीच अंतर्सदनीय साक्षात्कार गतिविधि संपन्न कराई गई। इस गतिविधि का मुख्य उद्देश्य छात्रों में संवाद-कौशल, आत्मविश्वास और व्यक्तित्व विकास को प्रोत्साहित करना था। चैलेंजर सदन के अखिल राणा को प्रसिद्ध पंजाबी गायक दिलजीत दोसांझ, हारमनी सदन के मेहुल टंडन को प्रसिद्ध "परिधान विन्यासक" मनीष मल्होत्रा की भूमिका, एक्सप्लोरर सदन के अभिराज देव कौशिक को प्रसिद्ध क्रिकेटर रिकू सिंह की भूमिका व सिम्फनी सदन के जय आदित्य सक्सेना को प्रधान रसोइया विकास खन्ना की भूमिका प्रदान की गई। साक्षात्कारकर्ता समूहों ने सटीक और उपयुक्त प्रश्न तैयार किए। साक्षात्कार-दाताओं ने साक्षात्कार के दौरान अपने विचारों को पूर्ण हाव-भाव, आत्मविश्वास, विषय-ज्ञान व ओजस्वी वाणी द्वारा प्रस्तुत किया। छात्रों ने आत्मविश्वास से बोलने के साथ-साथ प्रश्न पूछने की कला को समझा, यह गतिविधि व्यक्तित्व विकास का एक महत्वपूर्ण मंच बनी।





## SECONDARY WING SPOTLIGHT

### INTERHOUSE GROUP SONG

We hosted an exhilarating inter-house group singing competition for classes VI to VIII. The event took place in the school's basement, which was transformed into a vibrant performance arena.

The students demonstrated exceptional creativity, using slogans, props, and innovative expressions to convey their messages. The National flag was proudly displayed, and various props were skillfully incorporated into the performances.

<b>I- Challenger House</b>	<b>II- Harmony House</b>	<b>III- Symphony House</b>	<b>Consolation- Explorer House</b>
----------------------------	--------------------------	----------------------------	------------------------------------



## SECONDARY WING SPOTLIGHT

### INTERHOUSE POETRY RECITATION

**Poetry is the spontaneous overflow of powerful feelings: it takes its origin from emotion recollected in tranquillity."**

**-William Wordsworth**

The Interhouse Poetry Recitation Competition for classes VI-VIII and IX-XI was held on December 27, 2024. Students enthusiastically participated, captivating the audience with their eloquent delivery and heartfelt interpretations of diverse poems.

The competition showcased a wide range of poetic styles, from classic verses to contemporary works, reflecting the students' unique talents and interests. Judges Ms. Swati Sharma and Mr. Neeraj Luke were highly impressed by the students' confidence, stage presence, and ability to connect with the audience.

Challenger House emerged victorious as the winner of the competition.





## SECONDARY WING SPOTLIGHT

### INTERHOUSE POSTER MAKING

The Poster making event was aimed to raise cyber security awareness among students by encouraging them to creatively express key concepts such as safe internet practices, strong passwords, phishing, malware, and privacy protection. The competition witnessed enthusiastic participation, with students showcasing their artistic and conceptual skills. The judgment was based on composition, aesthetics and creativity, ensuring a fair and comprehensive evaluation of their work.

Winners:

**First Place:** Sachi (Class VIII C, Challenger House)

**Second Place::** Uttkarsh Kumar Singh (Class VIII B, Harmony House)

**Third Place::** Vidhi Nigam (Class VI B, Explorer House)



## MORNING ASSEMBLIES: CELEBRATING SPECIAL DAYS TOGETHER

### INDRAMANI BADONI JI'S BIRTHDAY

जय भारत जय उत्तराखंड!

उत्तराखंड को स्वतंत्र और एक कुशल राज्य बनाने के लिए श्री इंद्रमणि बडोनी जी ने अपने गांधीवादी विचारों और साहसिक कार्यों द्वारा अद्भुत योगदान दिया है। इसी वजह से इंद्रमणि बडोनी जी को उत्तराखंड का गांधी भी कहा जाता है। श्री इंद्रमणि बडोनी जी के अविस्मरणीय कार्य व उत्तराखंड में उनके योगदान को याद करते हुए उनके जन्म दिवस को लोक संस्कृति दिवस के रूप में उत्साह सहित मनाया गया।

विद्यालय में एक विशेष प्रार्थना सभा का आयोजन किया गया जिसमें यह बताया गया कि यह दिवस हमें अपनी स्थानीय संस्कृति को संरक्षित करने व विकसित करने हेतु मिला है। कार्यक्रम का शुभारंभ प्रधानाचार्या श्रीमती जसप्रीत ओबेरॉय जी के द्वारा श्री इंद्रमणि बडोनी जी के चित्र पर माल्यार्पण के साथ किया गया। विद्यार्थियों ने लोक संस्कृति दिवस और इंद्रमणि बडोनी जी के जीवन से संबंधित लोक भाषा में भाषण, स्थानीय लोकगीत, सांस्कृतिक नृत्य आदि प्रस्तुत कर कार्यक्रम की शोभा को बढ़ाया। कार्यक्रम के अंतिम पड़ाव में उत्तराखंड का प्रसिद्ध स्थानीय पकवान रोट का वितरण सामूहिक रूप से किया गया।





## MORNING ASSEMBLIES: CELEBRATING SPECIAL DAYS TOGETHER

### VEER BAL DIWAS

बीएमएल मुनजाल ग्रीन मेडोज स्कूल में 26 दिसंबर को गुरु गोबिंद सिंह जी के चार साहिबजादों की स्मृति में वीर बाल दिवस मनाया गया। इस अवसर पर कीर्तन और एक विशेष सभा का आयोजन किया गया। छात्रों ने साहिबजादों के अदम्य साहस, वीरता और बलिदान से प्रेरणा लेते हुए उनके जीवन से जुड़ी घटनाओं पर प्रकाश डाला। गुरु गोबिंद सिंह जी के चार साहिबजादों ने अपने धर्म, सच्चाई और स्वतंत्रता की रक्षा के लिए अपार कष्ट सहें और अपने प्राणों का बलिदान दिया। उनकी शहादत हमें सिखाती है कि सत्य और धर्म की राह पर चलते हुए किसी भी परिस्थिति में झुकना नहीं चाहिए। "सूरा सो पहचानिये, जो लड़े दीन के हेत। पुरजा-पुरजा कट मरे, कबहूँ न छाड़े खेत।" यह दिवस साहिबजादों की अमर गाथा को याद करने और उनके मूल्यों को अपने जीवन में आत्मसात करने का संकल्प लेने का अवसर है।



## MORNING ASSEMBLIES: CELEBRATING SPECIAL DAYS TOGETHER

### CHRISTMAS

Our primary and secondary wing students came together to celebrate the joyous occasion of Christmas. The special assembly aimed to bring the festive spirit alive and to remind everyone of the true essence of Christmas—love, generosity, and togetherness.

The event began with a lively dance performance by Class II C students, spreading happiness among the audience.

This was followed by a heartwarming skit presented by the students of Class XI conveying the importance of selflessness and love during the festive season.

The program concluded with melodious carols sung by the students from Classes VI -VIII.

The special assembly was a memorable celebration that marked the festive season while conveying meaningful lessons of kindness, generosity, and the true spirit of Christmas.





## MORNING ASSEMBLIES: CELEBRATING SPECIAL DAYS TOGETHER

### INTERNATIONAL ENERGY DAY

On the occasion of **International Energy Day**, Class VII C presented an insightful and engaging special assembly aimed at raising awareness about the **importance of energy conservation**.

The event commenced with a heartwarming **song dedicated to saving water**, emphasizing the importance of preserving this vital resource.

Next, the students performed a **skit on energy conservation and saving electricity**, which creatively depicted the impact of energy wastage and offered simple tips on how to reduce consumption at home and in the community.

A thought-provoking **speech on saving energy** was delivered, focusing on the crucial role each individual plays in conserving energy for future generations.

The assembly concluded with a thoughtful **quote**, reminding everyone that "The Earth is what we all have in common," urging the community to act responsibly in preserving our resources.

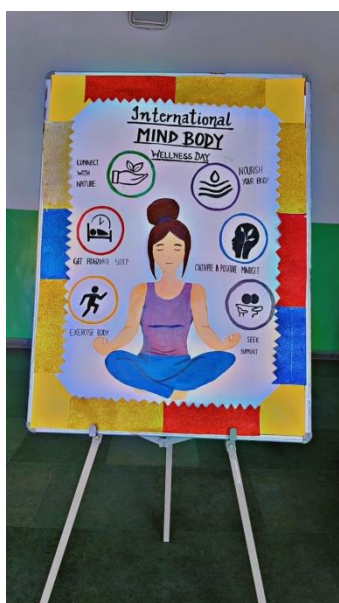


## MORNING ASSEMBLIES: CELEBRATING SPECIAL DAYS TOGETHER

### INTERNATIONAL MIND-BODY WELLNESS DAY

**"Wellness is the complete integration of body, mind and spirit." - Greg Anderson**

We celebrated International Mind-Body Wellness Day, a time dedicated to recognizing the profound connection between mental and physical well-being. The celebration of this day provides an opportunity to raise awareness and promote a holistic approach to well-being, emphasizing the importance of maintaining a healthy mind and body. A special assembly was organized by Class VI- C students. The Assembly started with an Awakening prayer. Following the choir's performance, an encouraging thought of the day followed by an enlightening speech. Furthermore valuable strategies for nurturing mental and physical wellbeing were shared in the form of a Skit by the students. The skit also raised a great concern about overuse and misuse of gadgets and its harmful effects on mental and physical health.





## TEACHER'S CORNER

### शारीरिक गतिविधियों के लाभ

शारीरिक गतिविधियाँ हमारे जीवन का अहम हिस्सा हैं। ये न केवल शारीरिक स्वास्थ्य को बेहतर बनाती हैं, बल्कि मानसिक और भावनात्मक स्वास्थ्य पर भी सकारात्मक प्रभाव डालती हैं। शारीरिक गतिविधियाँ जैसे कि व्यायाम, योग, खेल कूद, दौड़ना, तैरना, और साइकिल चलाना, शरीर को फिट रखने में मदद करती हैं।

#### शारीरिक गतिविधियों के लाभ -

**स्वस्थ हृदय और शरीर:** नियमित शारीरिक गतिविधि हृदय रोगों के जोखिम को कम करती है और रक्त संचार को बेहतर बनाती है।

**वजन नियंत्रण:** शारीरिक गतिविधियाँ कैलोरी जलाने में मदद करती हैं, जिससे शरीर का वजन नियंत्रित रहता है।

**मांसपेशियों और हड्डियों का स्वास्थ्य:** व्यायाम से मांसपेशियाँ मजबूत होती हैं और हड्डियाँ भी सशक्त रहती हैं।

**मानसिक स्वास्थ्य:** शारीरिक गतिविधियाँ तनाव को कम करती हैं और मनोबल को बढ़ाती हैं। यह मानसिक स्वास्थ्य को सुधारने में मदद करती हैं।

**ऊर्जा का स्तर बढ़ाना:** नियमित गतिविधियों से शरीर में ऊर्जा का स्तर बढ़ता है और व्यक्ति ज्यादा सक्रिय महसूस करता है।

**दीर्घायु:** शारीरिक गतिविधियाँ जीवनकाल को बढ़ा सकती हैं, क्योंकि ये शरीर को निरंतर सक्रिय और स्वस्थ रखती हैं।

#### शारीरिक गतिविधियों के कुछ उदाहरण:

**योग:** यह शरीर और मन को शांति प्रदान करता है और लचीलेपन को बढ़ाता है।

**दौड़ना:** कार्डियोवस्कुलर स्वास्थ्य के लिए यह एक बेहतरीन गतिविधि है।

**तैराकी:** यह समग्र शरीर के लिए एक अच्छा व्यायाम है, जो जोड़ों पर दबाव नहीं डालता।

**साइकलिंग:** यह कार्डियो फिटनेस बढ़ाने के साथ-साथ पैर की मांसपेशियों को भी मजबूत बनाता है।

निष्कर्ष रूप में, शारीरिक गतिविधियाँ न केवल शरीर को स्वस्थ रखती हैं, बल्कि मन और आत्मा को भी ताजगी और ऊर्जा प्रदान करती हैं। इसलिए हमें अपनी दैनिक दिनचर्या में शारीरिक गतिविधियों को शामिल करना चाहिए।

हिमांशु शर्मा  
पीईटी-टीजीटी

## TEACHER'S CORNER

### THE POWER OF PLAY

In fields so vast and courts so wide,  
We run, we jump, with strength and pride.  
A game, a race, a goal, a win,  
With every move, our hearts begin.  
The pulse of life, the breath we take,  
The sweat that forms, the strides we make.  
Through sports we learn, through play we grow,  
A path of health, a vibrant glow.  
The muscles strong, the mind so free,  
A dance of strength and energy.  
The Joy of movement, step by step,  
Each effort made, a promise kept.  
For in the game, beyond the score,  
We build resilience at our core.  
Through wins and losses, highs and lows,  
The spirit of well-being grows.  
So run, so leap, embrace the game,  
For health and strength are ours to claim.  
Through sports, we find a life so bright,  
A heart of joy, a soul of light.

-Abhay Rawat  
PET- PRT

### सफलता के रहस्य

सफलता के लिए हमें, खुद को जगाना है।  
मेहनत के दीपक को हमें, मिलकर जलाना है।  
सीखो चींटी से मेहनत करना, वो मेहनत करती जाती है।  
पीछे नहीं हटती कभी, वो आगे बढ़ती जाती है।  
उसी तरह मेहनत से हमें, कुल का मान बढ़ाना है।  
मेहनत के दीपक को हमें, मिलकर जलाना है।1।  
लेकर तिनकों को चिड़िया अपना आशियाना बनाती है।  
सभी में आगे बढ़ने का हौसला जगाती है।  
उसी तरह हमें भी कुछ नया कर दिखाना है।  
मेहनत के दीपक को हमें, मिलकर जलाना है।2।  
बाज लक्ष्य के लिए उँची उड़ानें भरता है।  
लक्ष्य पाने हेतु हर संभव प्रयास करता है।  
उसी तरह हमें भी लक्ष्य को पाकर दिखाना है।  
मेहनत के दीपक को हमें, मिलकर जलाना है।3।  
उचित समय पर संघर्ष करना अपना धर्म बना लो।  
सफलता के लिए कर्म करना अपना मन बना लो।।  
कामयाबी के शिखर पर हमें चढ़कर दिखाना है।  
मेहनत के दीपक को हमें, मिलकर जलाना है।4।

- मनोकान्त शर्मा  
टीजीटी हिन्दी



## TEACHER'S CORNER

..... क्योंकि चलना है..

राहों में पग धीरे रखना,  
पग-पग पर तुम धीरज रखना ।  
धूप-कुहासा पीछे रखना ।  
बारिश-अंधड़ सहते चलना,  
कष्ट समय में माधव भजना।  
पीछे मुड़ तुम कभी न तकना,  
क्योंकि चल पड़े तो फिर चल पड़े।

राहगीर जैसे बहुत मिलेंगे,  
चलते-चलते आराम करेंगे।  
तुम्हारे मुख पर थकान कहेंगे,  
बैठ तनिक कर विश्राम कहेंगे।  
पर तुम मंजिल को चढ़ते जाना,  
क्योंकि चल पड़े तो फिर चल पड़े।

मुफ्त की राय बहुत मिलेंगी,  
राय-चंदौ से बच कर रहना।  
पाँव सटाते अपने मिलेंगे,  
भीड़ में गिराते बहुत मिलेंगे।  
हर कदम पर सध-कर चलना,  
क्योंकि चल पड़े तो चल पड़े।

कलाओं में निपुण बहुत मिलेंगे,  
गिरगिट के वंशज बहुत दिखेंगे।  
अनेक मुखौटे धरते होंगे,  
जो जी चाहे धरते होंगे।  
चका-चौध में पढ़ न जाना,  
झिलमिल में कहीं खो न जाना।  
आगे हरदम बढ़ते जाना,  
क्योंकि चल पड़े तो फिर चल पड़े।

तुम्हें है निरंतर चलते जाना ....  
क्योंकि दरिया हो या पहाड़ हो टकराना चाहिए,  
जब तक न साँस टूटे जिए जाना चाहिए।  
यूँ तो कदम कदम पर दीवारें हैं सामने,  
कोई ना हो तो खुद से उलझ जाना चाहिए।  
क्योंकि चल पड़े तो चल पड़े.....

- मोहन चन्द्र जोशी  
टीजीटी हिन्दी

## STUDENT'S CORNER

### मौसम कुछ सर्द-सा है...

कोहरे भरी सी सुबह एक गर्म चाय की प्याली के साथ दस्तक देती है।  
सुनी-सुनी-सी सड़कों पर अब ज्यादा भीड़ भी दिखाई ना देती है।

धूप भी अपना पैगाम यूँ कभी-कभी ही देती है।  
और घरों की खिड़कियां भी अब कुछ बंद-बंद-सी रहती हैं।  
लाल लाल पतियाँ मुस्कुराकर न देखती हैं।  
और चीटियाँ कुछ बिल में दुबकी ही रहती हैं।  
मेरे मन में भी एक खाली भावना-सी भरी रहती है।  
और अब रात कुछ लंबी-लंबी-सी रहती है।

ज़रा गला अब मुझ से कुछ रुठा-सा रहता है।  
बाहर जाने का मन भी अब कुछ कम-सा ही करता है।  
कोहरे भरी सी सुबह में गर्म चाय की प्याली के साथ ठंड का मौसम दस्तक देता है।

- अनिका सिंह  
कक्षा 'नौवीं' स'

### जीवन में जो राह दिखाए,

सही तरह चलना सिखाए।  
मात-पिता से पहले आता,  
जीवन में सदा आदर पाता।  
सबको मान प्रतिष्ठा जिससे,  
सीखी कर्तव्यनिष्ठा जिससे।  
कभी रहा न दूर मैं जिससे,  
वह मेरा पथदर्शक है जो।  
मेरे मन को भाता,  
वह मेरा शिक्षक कहलाता।  
कभी है शांत, कभी है धीर,  
स्वभाव में सदा गंभीर,  
मन में दबी रहे ये इच्छा,  
काश मैं उस जैसा बन पाता,  
जो मेरा शिक्षक कहलाता।

-साक्षी  
कक्षा आठवीं 'अ'

### अनुशासन

अनुशासन का पालन करना, गलत कदम उठाना नहीं,  
अनुशासन के बिना रे मित्रों, जीवन का कोई मोल नहीं।  
विद्यालय में सभी बड़ों का, और गुरु का मान करें,  
अनुशासन जीवन में पालें, सोच समझकर काम करें।  
विद्यालय, बस और सभी जगह, पर पंक्ति में खड़े रहें,  
अपनी बारी जब आए तो, संयम से ही काम करें।  
घर, सड़क या हो विद्यालय, सफाई का ध्यान रखें,  
अनुशासन में रहकर ही, सही गलत का ध्यान रखें।  
घर को मन को साफ रखें, और सभी का हम मान करें,  
भूल चुक की क्षमा माँगकर, सबका हम सम्मान करें।

- अनुष्का जैन  
कक्षा - आठवीं 'अ'

### देश के रक्षक

नहीं आते हैं, लंबे समय तक वीर,  
जब आते हैं तब खाते हैं, माँ की बनाई खीर।  
जमीन, आसमान, पानी में,  
लगे देश की सुरक्षा में।  
ना होते इनके कोई मुरीद,  
मगर हो जाते हैं देश के लिए शहीद।  
ना करते अपनी जान की परवाह,  
ना होते देश के प्रति लापरवाह ।।

- अविश आनन्द  
कक्षा - आठवीं 'अ'



## STUDENT'S CORNER

### जीता-जागता राष्ट्रपुरुष भारत

जिस देश का हर पुरुष और नारी,  
एक समान हैं, जो सबसे महान हैं।  
बरसों पहले जिसे अंग्रेज़  
'सोने की चिड़िया' का नाम दे गए।

जिस देश में जन्मे महापुरुष,  
अमर इतिहास में अपना नाम कर गए।  
जिस देश में भगत सिंह जैसे वीरों ने फाँसी खाई थी,  
जहाँ रानी लक्ष्मीबाई ने भी  
झाँसी रक्षा की कसम उठाई थी।

जिस देश ने 'वसुधैव कुटुम्बकम्' की भावना सिखाई,  
जिस देश ने भाईचारे की परंपरा चलाई।  
जिसने इन 77 सालों में तरक्की की हर शिखर पाई,  
सैकड़ों साल गुलामी के बाद अपनी शक्ति सबको दिखाई।

जिस देश में हर बार ईश्वर ने जन्म लिया,  
जिसकी माटी को मां माना जाता है।  
गाय को पूजनीय, और हर बच्चे को,  
अपनी संतान माना जाता है।

जिस देश में भीष्म, अर्जुन और अभिमन्यु जैसे,  
महावीरों ने जन्म लिया।  
जिसने 'शौर्य' शब्द की परिभाषा को,  
अपने शब्दों में व्यक्त किया।

विज्ञान, संस्कृति और ज्ञान में जो सबसे आगे है,  
जो भारत में न जन्मे, वो अधूरे से,  
सब अभागे हैं।

जय हिंद। जय भारत।।

- अनवी गौतम  
कक्षा नौवीं 'स'

### DON'T HAVE FEAR

When we play everyone cheers.  
But when we think we always have fears.

But we shall remove our fear to lose.  
And always be ready for a good news.

If you play with all your might.  
You must have the game's winning right.

Then you will be glad, but not sad.

-Samridhi  
Class V A

### HEALTH, PHYSICAL EDUCATION & WELLNESS

A trio for wellness, a healthy delight.  
Exercise and play, a perfect blend,  
Strong bodies and minds, a true friend.

Physical education teaches us the way, to move and to stretch,  
every single day, Sports bring us joy and teamwork too,  
Together we grow, with a spirit anew.

Health is the key, to a happy life,  
Eat well, sleep well and there in strife.  
So let's make a pledge, to be fit and fine,  
With health, physical education and Sports all the thime.

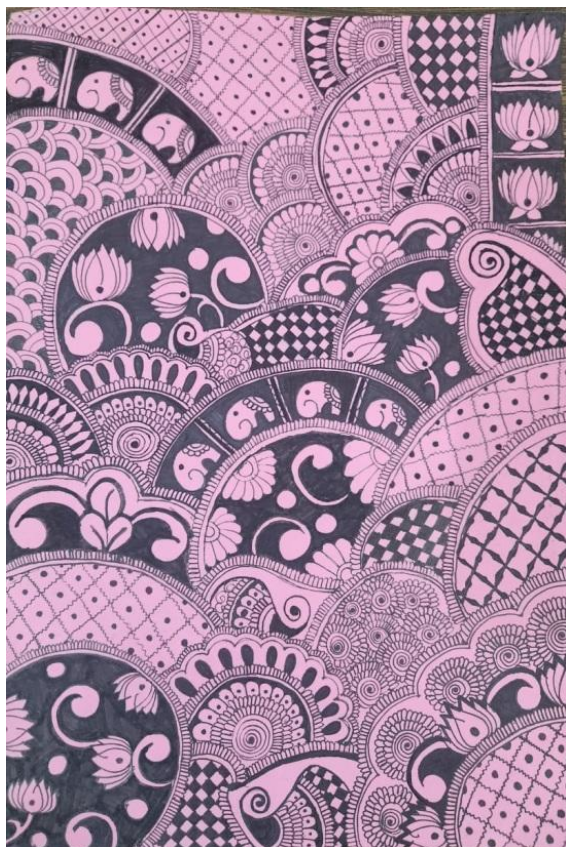
- Ojaswi Saini  
Class V C

## STUDENT'S CORNER

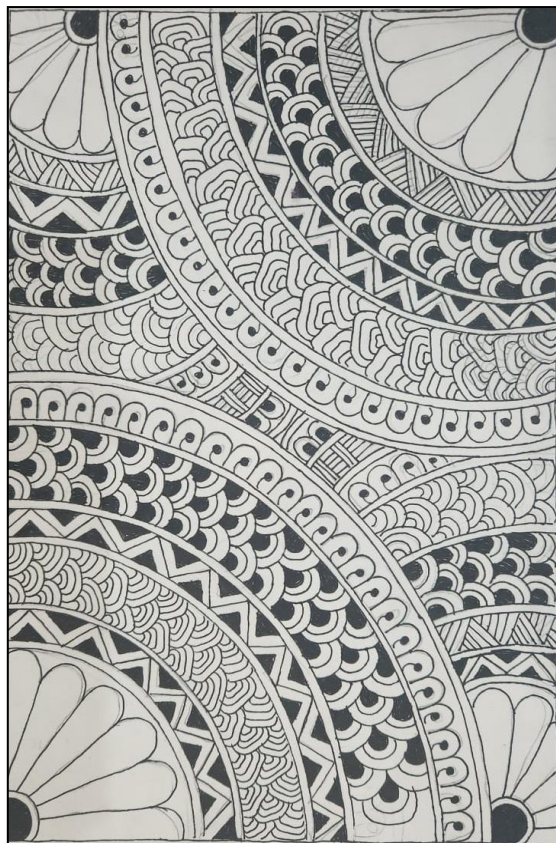
### जिम्मेदारी और जीवन

जिम्मेदारी एक हिंदी भाषा का शब्द है। जिसका अर्थ है उत्तरदायित्व। जीवन में जिम्मेदारियों का होना अति आवश्यक है और उससे भी ज्यादा जरूरी है जीवन में मिलने वाली जिम्मेदारियों को सही ढंग से निभाना। संसार के सभी जीवों में मनुष्य सबसे अधिक सक्षम, बुद्धिमान एवं शक्तिमान है इसलिए उससे सबसे अधिक आशा की जाती है कि वह अपने कर्तव्यों के प्रति सजग और उत्तरदायित्व पूर्ण व्यवहार करे। जिम्मेदारी लेने का व्यापक अर्थ है कि आप अपने जीवन की प्रतिकूल स्थितियों को ठीक करने के लिए किसी व्यक्ति या वस्तु की प्रतीक्षा नहीं करते, आप बहाने नहीं बनाते तथा अपनी परिस्थितियों को दोष नहीं देते। ज़िंदगी के हर सफ़र को जिम्मेदारी और पूर्ण परिश्रम के साथ पूरा करने से सफलता मिलती है। जिम्मेदारी लेने से व्यक्ति को शक्ति, मानसिक बल और स्वाभिमान मिलता है। वहीं, परिश्रम से व्यक्ति का विकास होता है और वह आर्थिक रूप से स्वावलंबी बनता है।

- निवेदिता बर्गली  
कक्षा नौवीं 'ब'



**KARTIKEYA CHAUDHARY**  
CLASS VII A



**UNNATI THAKUR**  
CLASS VII A



## STUDENT'S CORNER



TANVI GARG  
CLASS IX C

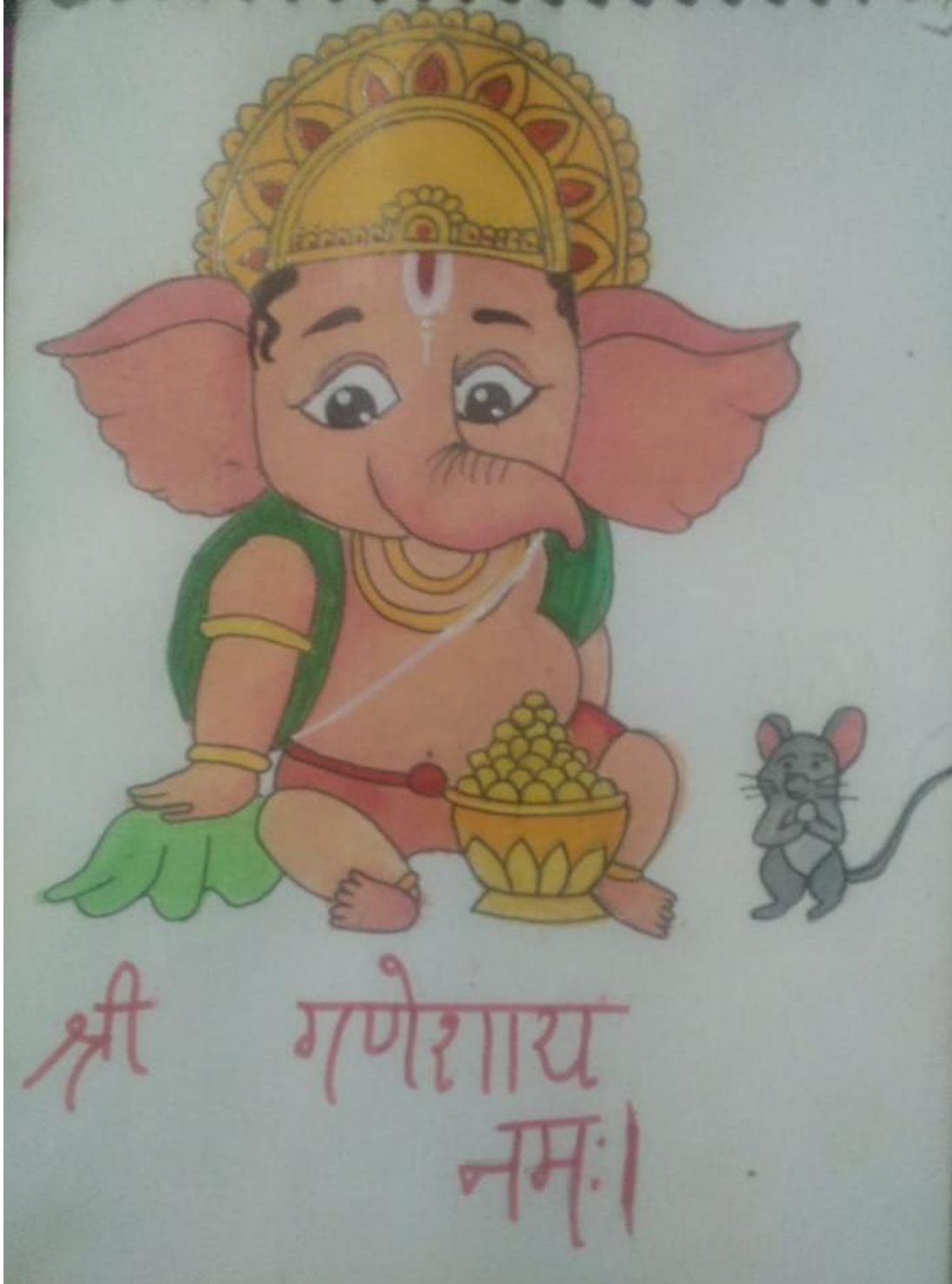
## STUDENT'S CORNER



ANWITA SINGH  
CLASS VIII A



## STUDENT'S CORNER



MANYA SAXENA  
CLASS VIII A

## STUDENT'S CORNER



TAPASYA WALIA  
CLASS IX C

Thank you